

Temperaments

<http://psychologia.co/four-temperaments-test/>

Sanguine Personality Type

People with sanguine personality type tend to be lively, optimistic, buoyant, and carefree. They love adventure and have a high risk tolerance. Typically, Sanguine people are very poor at tolerating boredom and will seek variety and entertainment. Needless to say, this trait may sometimes negatively affect their romantic relationships. Because this temperament is prone to pleasure-seeking behaviors, many people with sanguine personality are likely to struggle with addictions. Their constant cravings may lead to overeating and weight problems. These people are very creative and may become great artists. In addition, they are fantastic entertainers and will naturally do well if they choose careers in entertainment industry. Their natural abilities will also serve them well if they choose jobs related to marketing, travel, fashion, cooking, or sports.

Phlegmatic Personality Type

Someone with phlegmatic personality type is usually a people person. They seek interpersonal harmony and close relationships. Phlegmatic people are loyal spouses and loving parents. They preserve their relationships with old friends, distant family members, and neighbors. People with phlegmatic temperament tend to avoid conflicts and always try to mediate between others to restore peace and harmony. They are very much into charity and helping others. Ideal careers for phlegmatic personality types should be related to: nursing, teaching, psychology or counselling, child development, or social services.

Choleric Personality Type

Someone with pure choleric temperament is usually a goal-oriented person. People with choleric personality type are very savvy, analytical, and logical. Extremely practical and straightforward, choleric people aren't necessary very good companions or particularly social. They dislike small talk and enjoy deep and meaningful conversations. They would rather be alone than in company of shallow, superficial people. Ideally, they want to spend time with people who have similar professional interests. Ideal jobs for choleric personality type are related to the following industries: management, technology, statistics, engineering, programming, business.

Melancholic Personality Type

People with melancholic personality type love traditions. Women cook for men; men open doors for women. They love their families and friends and, unlike sanguine temperament, do not look for novelty and adventure. In fact, they avoid it at all costs. Someone with melancholic temperament is very unlikely to marry a foreigner or leave their homeland for another country. They are very social and seek to contribute to the community. Being extremely orderly and accurate, melancholic people are fantastic people managers. Perfect careers for melancholic personality type should be in: management, accounting, social work, or administration.