

2022_Gaslighting_Tasks

Task 1. Explain the meaning of the following words and word-combinations from the text.

to gaslight sb
covert type of emotional abuse
to exert power over sb
to second-guess oneself
to question one's judgment
to exhibit narcissistic tendencies
to back down
to side with sb
to throw off a train of thought
to trivialize one's emotions
to twist the conversation
to let sb off the hook
to feel on edge
to live up to the expectations of sb
to feel off-kilter

Task 2. Give synonyms.

a bully
sensitive
doom
to let down
to disrupt
to label

Task 3. Answer the questions.

1. What is gaslighting based on as a form of manipulation?
2. What spheres of life are traditionally marked by gaslighting?
3. What tactics of gaslighting, described in the article, do you find most manipulative?
4. Systematize the major signs of gaslighting.
5. Where did *gaslighting* get its name?